

INDUSTRIAL FIRST AID SUPPLIES LIMITED

PRICE LIST

EFFECTIVE FROM 12th JULY 2024

Name of Organisation _____

Contact Person _____ Telephone Number _____

Delivery Address _____

Order Number _____ Send New Price List ? YES / NO

Date _____ No. of Pages Sent _____

(incl. this page)

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Prices in this list do not include GST. Prices & specifications are subject to change without notice.

Orders can be placed by telephone, post, email and online. Additional copies of this Price List are available by email, post or on our website.

Freight is charged separately. For orders over \$150.00 (excluding GST), freight is FREE OF CHARGE.

We are not limited to selling only those items on this list and can source & supply most first aid - related products. Please contact us beforehand to confirm availability or check our website.

PRODUCT GUIDE giving brief descriptions & uses for most of our products is available FREE OF CHARGE on request or can be downloaded from our website.

To Order: PO Box 74284, Greenlane, Auckland 1546 | Tel: 09 579 5733

Website: www.first-aid.co.nz | Email: sales@first-aid.co.nz

Physical Address: Unit 5, 525 Great South Road, Penrose, Auckland 1061

DRESSINGS

Order Quantity		Price ex GST
	Protec (bandaid-type) plastic strips - 1 box of 100's	\$5.10
	Protec (bandaid-type) plastic strips - 5 boxes of 100's	\$19.30
	Protec (bandaid-type) plastic strips - 10 boxes of 100's	\$33.70
	Protec (bandaid-type) plastic strips - 1 box of 50's	\$3.20
	Protec (bandaid-type) plastic strips - 5 boxes of 50's	\$10.90
	Protec (bandaid-type) plastic strips - 10 boxes of 50's	\$19.45
	Protec (bandaid-type) TRANSPARENT plastic strips - 1 box of 50's	\$3.20
	Protec (bandaid-type) TRANSPARENT plastic strips - 5 boxes of 50's	\$11.90
	Protec (bandaid-type) TRANSPARENT plastic strips - 10 boxes of 50's	\$19.45
	Band-Aid (brand) plastic strips - 50's	\$7.15
	Band-Aid (brand) Extra Wide plastic strips - 40's	\$7.00
	Band-Aid (brand) Assorted Plastic strips - 50's	\$7.00
	Band-Aid (brand) Tough-Strips (Waterproof) - 20's	\$5.20
	Band-Aid (brand) Blister Block Adhesive Cushions Strips (4.2 cm x 6.8 cm) - 4's	\$11.35
	Elastoplast Blister Plasters (5.8 cm x 3.4 cm) - 5's	\$13.90
	Nexcare Ultra Stretch Bandages Assorted - 30's (previously known as Soft 'n Flex)	\$6.60
	Nexcare Soft 'n Flex Knee & Elbow - 8's	\$8.20
	Nexcare Cushion (Waterproof) Bandages Assorted - 20's (will stick on damp skin)	\$5.60
	Nexcare Clear (Waterproof) Bandages - 20's	- also see AsGuard \$7.49
	Nexcare Clear (Waterproof) Bandages - assorted - 20's	Clear+ Island Dressings \$6.30
	Green Cross fabric WIDE strips - 2.5cm x 7.2cm - 1 box of 100's	\$6.50
	Green Cross fabric WIDE strips - 2.5cm x 7.2cm - 5 boxes of 100's	\$29.20
	Green Cross fabric WIDE strips - 2.5cm x 7.2cm - 10 boxes of 100's	\$53.10
	Steroplast fabric WIDE strips - 100's (box)	\$8.80
	Steroplast fabric STRETCH strips - 100's (box)	\$8.70
	Steroplast fabric FINGERTIP plasters - large - 50's (box)	\$7.90
	Steroplast fabric KNUCKLE plasters - large - 50's (box)	\$7.90
	Leukoplast fabric FINGERTIP plasters - small - 50's (box)	\$21.10
	Leukoplast fabric FINGERTIP plasters - large - 100's (box)	\$43.50
	Leukoplast fabric KNUCKLE plasters - 100's (box)	\$30.80
	Protec fabric dressing strip - 6 cm x 1 m	\$2.00
	Green Cross fabric dressing strip - 7.5 cm x 1 m	\$2.70
	Steroplast fabric dressing strip - 7.5 cm x 5 m	\$14.10
	Leukoplast soft white dressing strip - 6 cm x 5 m	\$27.90
	Leukoplast soft white dressing strip - 8 cm x 5 m (Previously known as Covered dressing strip)	\$34.95
	Leukoplast soft white injection plasters - 1.9 cm x 4 cm (AKA Covered Injection plasters)	\$21.20
	Asguard Flex + Non-Woven Roll with pad - 5 cm x 10	\$12.40
	Asguard Flex + Non-Woven Roll with pad - 7.5 cm x 10 m	\$20.10
	Asguard Flex + Non-Woven Roll with pad - 10 cm x 10 m	\$29.70
	Cutiplast hypoallergenic dressing strip - 4 cm x 5 m	\$26.60
	Cutiplast hypoallergenic dressing strip - 6 cm x 5 m	\$31.80
	Cutiplast hypoallergenic dressing strip - 8 cm x 5 m	\$51.10
	Mediam low-adherent pads (sterile) - 5 cm x 5 cm - 50's (box)	\$9.10
	Mediam low-adherent pads (sterile) - 7.5 cm x 7.5 cm - 50's (box)	\$16.90
	Mediam low-adherent pads (sterile) - 10 cm x 10 cm - 10's	\$5.20
	Mediam low-adherent pads (sterile) - 10 cm x 10 cm - 50's (box)	\$26.00
	Green Cross non-adherent pads (sterile) - 5 cm x 7.5 cm - 20's	\$7.30
	Green Cross non-adherent pads (sterile) - 5 cm x 7.5 cm - 100's (box)	\$22.00
	Green Cross non-adherent pads (sterile) - 7.5 cm x 10 cm - 20's	\$10.00
	Green Cross non-adherent pads (sterile) - 7.5 cm x 10 cm - 100's (box)	\$30.00

DRESSINGS

Order Quantity	(continued)	Price ex GST
	Telfa ADHESIVE non-adherent pads (sterile) - 5 cm x 7.5 cm - 20's	\$8.00
	Telfa ADHESIVE non-adherent pads (sterile) - 5 cm x 7.5 cm - 100's (box)	\$31.20
	Telfa ADHESIVE non-adherent pads (sterile) - 7.5 cm x 10 cm - 20's	\$12.75
	Telfa ADHESIVE non-adherent pads (sterile) - 7.5 cm x 10 cm - 100's (box)	\$51.00
	Asguard Flex + island dressing (sterile) - 7.5 cm x 5 cm - 50's (box)	\$7.90
	Asguard Flex + island dressing (sterile) - 8.25 cm x 6 cm - 50's (box)	\$9.60
	Asguard Flex + island dressing (sterile) - 8 cm x 10 cm - 50's (box)	\$15.20
	Asguard Flex + island dressing (sterile) - 15 cm x 10 cm - 20's (box)	\$18.20
	Asguard Flex + island dressing (sterile) - 20 cm x 10 cm - 20's (box)	\$18.70
	Asguard Clear film dressing (sterile) - 4 cm x 5 cm - 20's	\$10.70
	Asguard Clear film dressing (sterile) - 4 cm x 5 cm - 50's (box)	\$21.00
	Asguard Clear film dressing (sterile) - 6 cm x 7 cm - 20's	\$12.20
	Asguard Clear film dressing (sterile) - 6 cm x 7 cm - 50's (box)	\$23.00
	Asguard Clear film dressing (sterile) - 10 cm x 12 cm - 25's (box)	\$33.30
	Asguard Clear + film island dressing (sterile) - 4 cm x 5 cm - 50's (box)	\$27.00
	Asguard Clear + film island dressing (sterile) - 6 cm x 7 cm - 50's (box)	\$27.00
	Asguard Clear + film island dressing (sterile) - 10 cm x 12 cm - 25's (box)	\$36.50
	Tegaderm transparent film dressings - 6 cm x 7 cm - 20's	\$14.10
	Tegaderm transparent film dressings - 6 cm x 7 cm - 100's (box)	\$65.80
	Tegaderm transparent film dressings - 10 cm x 12 cm - 20's	\$38.70
	Tegaderm transparent film dressings - 10 cm x 12 cm - 50's (box)	\$87.35
	Tegaderm transparent film dressings with absorbent pad - 5 cm x 7 cm - 20's	\$25.50
	Tegaderm transparent film dressings with absorbent pad - 5 cm x 7 cm - 50's (box)	\$57.25
	Tegaderm transparent film dressings with absorbent pad - 9cm x 10 cm - each	\$3.10
	Tegaderm transparent film dressings with absorbent pad - 9cm x 10 cm - 25's (box)	\$71.83
	Tegaderm film roll 5 cm x 10 m	\$50.60
	Tegaderm film roll 10 cm x 10 m	\$86.10
	Asguard Flex Non-Woven Roll - 5 cm x 10 m	\$7.50
	Asguard Flex Non-Woven Roll - 7.5 cm x 10 m	\$8.00
	Asguard Flex Non-Woven Roll - 10 cm x 10 m	\$9.60
	Fixomull stretch dressing - 5 cm x 10 m	\$10.65
	Fixomull stretch dressing - 10 cm x 10 m	\$20.70
	Fixomull stretch dressing - 15 cm x 10 m	\$27.00
	Combine dressings (sterile) - 10 cm x 10 cm - 10's	\$2.80
	Combine dressings (sterile) - 20 cm x 10 cm - 10's	\$10.50
	Combine dressings (sterile) - 20 cm x 20 cm - 10's	\$7.50
	Combine dressings (sterile) - 20 cm x 30 cm - Single	\$2.64
	Wound Dressing BPC No. 13 - 7.5 cm x 10 cm (small) - combines a dressing	\$2.80
	Wound Dressing BPC No. 14 - 10 cm x 15 cm (medium) with a gauze bandage	\$3.20
	Wound Dressing BPC No. 15 - 15 cm x 20 cm (large) - Wound dressing	\$3.60
	First aid dressing - 7.5 cm x 10 cm (small) BPC is heavier and	\$1.00
	First aid dressing - 12 cm x 12 cm (medium) can be used to apply	\$1.40
	First aid dressing - 18 cm x 18 cm (large) more pressure	\$2.10

DRESSINGS

Order Quantity

(continued)

Price ex GST

	Steri-Strip skin closures (6 mm x 38 mm) - 1 packet of 6 strips	\$1.70
	Steri-Strip skin closures (6 mm x 38 mm) - 5 packets of 6 strips	\$6.90
	Steri-Strip skin closures (3 mm x 75 mm) - 1 packet of 5 strips	\$1.30
	Steri-Strip skin closures (3 mm x 75 mm) - 5 packets of 5 strips	\$5.25
	Leukostrip wound closures (4 mm x 38 mm) - 1 packet of 8 strips	\$1.85
	Leukostrip wound closures (4 mm x 38 mm) - 5 packets of 8 strips	\$7.80
	Bamnet paraffin gauze dressings - 5 cm x 5 cm - 36 pieces) not individually	\$9.55
	Bamnet paraffin gauze dressings - 10 cm x 10 cm - 36 pieces) wrapped	\$11.95
	Jelonet paraffin gauze dressing (sterile) - 5 cm x 5 cm - single	\$0.85
	Jelonet paraffin gauze dressing (sterile) - 5 cm x 5 cm - 50's (box)	\$29.35
	Adaptic non-adhering dressing (sterile) - 7.6 cm x 7.6 cm - 10's	\$20.20
	Adaptic non-adhering dressing (sterile) - 7.6 cm x 7.6 cm - 50's (box)	\$100.80
	Opsite spray dressing - 100 ml	\$17.95

DETECTABLE DRESSINGS

(for FOOD HANDLING)

	Green Cross METAL / BLUE detectable plastic strips - 7.2 cm x 2.5 cm - 1 box of 100's	\$12.10
	Green Cross METAL / BLUE detectable plastic strips - 7.2 cm x 2.5 cm - 10 boxes of 100's	\$102.60
	Steroplast visually detectable BLUE tape - 2.5 cm x 5 m	\$4.50
	Detectable dressing strip - 7.5 cm x 1 m	\$6.75
	Sterochef Detectable Finger Plaster - 50's	\$7.55
	Sterochef Detectable Knuckle Plaster - 50's	\$8.95

SWABS AND COTTON PRODUCTS

	Non-woven swabs (NON-STERILE) - 5 cm x 5 cm - 100's	\$3.20
	Non-woven swabs (NON-STERILE) - 7.5 cm x 7.5 cm - 100's	\$4.90
	Non-woven swabs (NON-STERILE) - 10 cm x 10 cm - 100's	\$5.90
	Non-woven swabs (STERILE) - pkt of 2 - 7.5 cm x 7.5 cm - 20's	\$6.00
	Non-woven swabs (STERILE) - pkt of 2 - 7.5 cm x 7.5 cm - 100's (box)	\$20.57
	Cotton wool balls (large) - 100's (approx)	\$2.95
	Cotton wool roll - 500g	\$12.00
	Cotton pads (round) - 80's	\$2.25
	Cotton (double-ended) buds - bag of 100	\$0.85
	Cotton (double-ended) buds - drum of 150	\$1.40
	Cotton tip single-ended applicators 15 cm - 100's	\$2.77

EYE CARE

	Eye pad (sterile)	\$0.60
	Eye pad (sterile) - pack of 10	\$2.20
	Eye pad (sterile) - pack of 50	\$11.79
	Eye bandage (sterile) (pad with elastic bandage attached)	\$0.90
	Eye shield clear plastic (sterile) - 7.5 cm x 6.5 cm	\$3.75
	Eye bath	\$0.60
	Eye-wash bottle - 250 ml (empty)	\$8.00
	Optrex eye lotion & bath - 110 ml	\$13.00
	Optrex eye lotion & bath - 300 ml	\$21.70
	Poly - Tears eye drops - 15ml	\$4.10
	Refresh eye drops - 0.4 ml x 30 applications	\$17.85

BANDAGES

Order Quantity

(for **SPORTS BANDAGES**, see '**SPORTS PRODUCTS**')

Price ex GST

	Green Cross crepe bandage (ALL-COTTON) - 5 cm x 4 m	- pack of 12 (stretched)	\$13.30
	Green Cross crepe bandage (ALL-COTTON) - 7.5 cm x 4 m	- pack of 12 (stretched)	\$19.50
	Sentry crepe bandage (ALL-COTTON) - 10 cm x 1.6 m	- pack of 12 (unstretched)	\$17.20
	Sentry elastic crepe bandage (STANDARD) - 5 cm x 1.5 m	- single (unstretched)	\$1.05
	Sentry elastic crepe bandage (STANDARD) - 5 cm x 1.5 m	- pack of 12 (unstretched)	\$11.62
	Sentry elastic crepe bandage (STANDARD) - 7.5 cm x 1.5 m	- single (unstretched)	\$1.30
	Sentry elastic crepe bandage (STANDARD) - 7.5 cm x 1.5 m	- pack of 12 (unstretched)	\$12.80
	Sentry elastic crepe bandage (STANDARD) - 10 cm x 1.5 m	- single (unstretched)	\$1.70
	Sentry elastic crepe bandage (STANDARD) - 10 cm x 1.5 m	- pack of 12 (unstretched)	\$16.70
	Sentry elastic crepe bandage (STANDARD) - 15 cm x 1.5 m	- single (unstretched)	\$2.50
	Sentry elastic crepe bandage (STANDARD) - 15 cm x 1.5 m	- pack of 12 (unstretched)	\$25.60
	Gauze elastic (conforming) bandage - 5 cm x 1.5 m	- single (unstretched)	\$0.55
	Gauze elastic (conforming) bandage - 5 cm x 1.5 m	- pack of 12 (unstretched)	\$5.60
	Gauze elastic (conforming) bandage - 7.5 cm x 1.5 m	- single (unstretched)	\$0.80
	Gauze elastic (conforming) bandage - 7.5 cm x 1.5 m	- pack of 12 (unstretched)	\$9.20
	Gauze elastic (conforming) bandage - 10 cm x 1.5 m	- single (unstretched)	\$1.40
	Gauze elastic (conforming) bandage - 10 cm x 1.5 m	- pack of 12 (unstretched)	\$10.30
	Triangular bandage - COTTON	- single	\$2.20
	Triangular bandage - COTTON	- pack of 12	\$24.00
	Triangular bandage - NON-WOVEN (disposable)	- single	\$1.70
	Triangular bandage - NON-WOVEN (disposable)	- pack of 12	\$10.10
	Collarform padded arm sling - 5 cm x 10 m (cut to length to form arm or shoulder sling)		\$42.75
	Cohesive bandage (blue) - 2.5 cm x 4.5 m		\$1.95
	Cohesive bandage (blue) - 5 cm x 4.5 m		\$2.75
	Cohesive bandage (blue) - 7.5 cm x 4.5 m		\$3.95
	Cohesive bandage (blue) - 10 cm x 4.5 m		\$4.60
	Coban self-adherent wrap (flesh coloured) - 2.5 cm x 4.5 m		\$2.99
	Coban self-adherent wrap (flesh coloured) - 5 cm x 4.5 m		\$4.95
	Coban self-adherent wrap (flesh coloured) - 7.5 cm x 4.5 m		\$6.55
	Coban self-adherent wrap (flesh coloured) - 10 cm x 4.5 m		\$8.56
	Tubular Form tubular bandage - size 'A'	approx. 4 cm - 10m	\$16.20
	Tubular Form tubular bandage - size 'B'	approx. 6.25 cm - 10m	\$25.60
	Tubular Form tubular bandage - size 'C'	approx. 6.75 cm - 10m	\$26.90
	Tubular Form tubular bandage - size 'D'	approx. 7.5 cm - 10m	\$30.00
	Tubular Form tubular bandage - size 'E'	approx. 8.5 cm - 10m	\$33.60
	Tubular Form tubular bandage - size 'F'	approx. 10 cm - 10m	\$35.60
	Tubular Form tubular bandage - size 'G'	approx. 12 cm - 10m	\$40.70
	Tubular Form tubular bandage - size 'H'	approx. 14 cm - 10m	\$57.30
	'A' - Infant feet, arms	'B' - Adult small hands, arms	'C' - Adult medium arms, small ankles
	'D' - Adult large arms, medium ankles	'E' - Adult small thighs	'F' - Adult medium thighs
	'G' - Adult large thighs	'H' - Adult extra large thighs	
	Tubular Gauze finger bandage & applicator - 20 m		\$16.90
	Tubular Gauze finger bandage refill - 20 m		\$6.85
	Finger bandage applicator		\$9.75
	Bandafix nose bandage (tucks under the nose for heavy bleeds)		\$7.20

FIRST AID TAPES

Order Quantity	(grouped by type, for SPORTS TAPES, see 'SPORTS PRODUCTS')	Price ex GST
	Sentry zinc oxide tape - 2.5 cm x 5 m (in a snap-spool container)	\$1.90
	Leukoplast standard porous tape - 1.25 cm x 9.2 m	\$4.70
	Leukoplast standard porous tape - 1.25 cm x 9.2 m - box of 24 rolls	\$103.90
	Leukoplast standard porous tape - 2.5 cm x 9.2 m	\$7.80
	Leukoplast standard porous tape - 2.5 cm x 9.2 m - box of 12 rolls	\$87.40
	Wet Pruf waterproof tape - 1.25 cm x 9.1 m	\$3.30
	Wet Pruf waterproof tape - 2.5 cm x 9.1 m	\$6.50
	Wet Pruf waterproof tape - 5 cm x 9.1 m	\$13.10
	Leukoplast elastic fabric tape - 2.5 cm x 2.5 m (in a snap-spool container)	\$7.55
	Leukoplast elastic fabric tape - 5 cm x 2.5 m (in a snap-spool container)	\$15.40
	Microporous hypoallergenic paper tape - 1.25 cm x 9.1 m - with basic dispenser	\$0.70
	Microporous hypoallergenic paper tape - 1.25 cm x 9.1 m - refill	\$0.60
	Microporous hypoallergenic paper tape - 1.25 cm x 9.1 m - box of 24 rolls	\$10.70
	Sentry Microporous hypoallergenic paper tape - 2.5 cm x 9.1 m - with basic dispenser	\$2.05
	Sentry Microporous hypoallergenic paper tape - 2.5 cm x 9.1 m - refill	\$1.70
	3M Micropore hypoallergenic paper tape - 1.25 cm x 9.1 m - with basic dispenser	\$1.25
	3M Micropore hypoallergenic paper tape - 1.25 cm x 9.1 m - refill	\$0.85
	3M Micropore hypoallergenic paper tape - 2.5 cm x 9.1 m - with basic dispenser	\$2.15
	3M Micropore hypoallergenic paper tape - 2.5 cm x 9.1 m - refill	\$2.15
	3M Micropore hypoallergenic paper tape - 5 cm x 9.1 m - refill	\$4.00
	Plastic tape - 2.5 cm x 5 m - with basic dispenser	\$1.30
	Plastic tape - 2.5 cm x 5 m - refill	\$0.95
	3M Transpore hypoallergenic plastic tape - 1.25 cm x 9.1 m - with basic dispenser	\$2.50
	3M Transpore hypoallergenic plastic tape - 1.25 cm x 9.1 m - refill	\$2.25
	3M Transpore hypoallergenic plastic tape - 2.5 cm x 9.1 m - with basic dispenser	\$3.35
	3M Transpore hypoallergenic plastic tape - 2.5 cm x 9.1 m - refill	\$5.60

ANTISEPTICS & DISINFECTANTS (including wipes)

	Dettol antiseptic liquid - 250 ml	\$10.30
	Dettol antiseptic liquid - 500 ml	\$14.10
	Dettol Antibacterial liquid handwash - pump - 250 ml	\$4.80
	Dettol Antibacterial liquid handwash - refill - 500 ml	\$5.20
	Savlon antiseptic cream - 30 g	\$6.80
	Savlon antiseptic cream - 75 g	\$11.10
	Crystaderm first aid cream - 10 g	\$14.90
	HealthE antiseptic cream - 30 g	\$3.20
	HealthE antiseptic spray - 100 ml	\$4.96
	Medipulv antiseptic powder - 25 g	\$12.50
	Betadine antiseptic ointment - 25 g	\$5.90
	Betadine antiseptic ointment - 65 g	\$13.30
	Riodine antiseptic liquid - 15 ml	\$7.10
	Riodine antiseptic liquid - 100 ml	\$8.05
	Dynarex povidone-iodine pads - 100's (individually-wrapped wipes)	\$14.50
	Dynarex povidone-iodine swabsticks - 50's (individually-wrapped swabs)	\$24.90
	Dynarex BZK antiseptic towelettes - 100's (individually-wrapped wipes)	\$9.60
	PSFirstAid BZK antiseptic wipes - 100's (individually-wrapped wipes)	\$4.90
	PSFirstAid Cleansing wipes (chlorhexidine/cetrimide) - 100's (individually-wrapped wipes)	\$13.80

ANTISEPTICS & DISINFECTANTS

Order Quantity	continued	Price ex GST
	Alcohol prep pads - 200's (not for use on broken skin)	\$7.70
	Sodium chloride (saline) 0.9% wipes - 100s	\$9.85
	Sodium chloride (saline) 0.9% irrigation solution - 30 ml - 6 snap-top bottles	\$13.00
	Sodium chloride (saline) 0.9% irrigation solution - 30 ml - 30 snap-top bottles	\$36.00
	Sodium chloride (saline) 0.9% irrigation solution - 10 ml - 50 snap-top bottles	\$9.10
	Sodium chloride (saline) 0.9% irrigation solution with eyebath - 500 ml bottle	\$5.00
	Wee Ones baby wipes - 80's (soft pack)	\$3.35
	Precious Ultra Thick baby wipes - 80's (soft pack)	\$5.70
	Mediwipes disinfectant towellettes - 160's (for wiping surfaces - not for use on skin)	\$12.60
	Azomax surface cleaning & disinfectant - 500 ml spray bottle	\$11.95
	Azo disinfectant wipes - 50's	\$9.45
	Milton sterilising tablets - 30's (not for use on metal)	\$11.70
	Bosistos eucalyptus spray - 200g aerosol) room disinfectant and antiseptic	\$14.90
	HealthE antibacterial hand sanitiser gel - 60ml bottle) for washing/disinfecting	\$5.10
	HealthE antibacterial hand sanitiser gel - 375ml pump) hands without needing water	\$16.00
	D-Germ alcohol free hand sanitiser - 500ml)	\$12.00
	Burncare Gel - 50 g)	\$10.00
	Burn Gel - 3.5 ml - 5 sachets) cooling antiseptic gel	\$4.90
	Burn Gel - 3.5 ml - 25 sachets) for treating minor	\$17.00
	Burncare gel spray - 120 ml) burns & scalds	\$9.30
	Burn Dressing (single) - 10 cm x 10 cm)	\$4.38
	Oasis water purification tablets - 50's	\$11.05

SPORTS PRODUCTS

(Tapes)

	USL sport premium rigid tape (flesh coloured) - 2.5 cm x 13.7 m - single	\$7.60
	USL sport premium rigid tape (flesh coloured) - 2.5 cm x 13.7 m - bag of 6 rolls	\$45.50
	USL sport premium rigid tape (flesh coloured) - 2.5 cm x 13.7 m - box of 12 rolls	\$79.50
	USL sport premium rigid tape (flesh coloured) - 3.8 cm x 13.7 m - single	\$10.40
	USL sport premium rigid tape (flesh coloured) - 3.8 cm x 13.7 m - bag of 8 rolls	\$83.50
	USL sport premium rigid tape (flesh coloured) - 3.8 cm x 13.7 m - box of 30 rolls	\$310.00
	USL sport edge elastic adhesive bandage - 2.5 cm x 4.5 m - single (stretched)	\$3.40
	USL sport edge elastic adhesive bandage - 2.5 cm x 4.5 m - box of 12 (stretched)	\$39.74
	USL sport Lite elastic adhesive bandage 2.5cm x 6.9m - single (stretched)	\$4.45
	USL sport Lite elastic adhesive bandage 2.5cm x 6.9m - box of 12 (stretched)	\$50.10
	USL sport dynamic elastic adhesive bandage - 5 cm x 2.75 m - single (unstretched)	\$7.20
	USL sport dynamic elastic adhesive bandage - 5 cm x 2.75 m - box of 12 (unstretched)	\$92.35
	USL sport dynamic elastic adhesive bandage - 7.5 cm x 2.75 m - single (unstretched)	\$8.80
	USL sport dynamic elastic adhesive bandage - 7.5 cm x 2.75 m - box of 12 (unstretched)	\$95.00
	Scotch insulation tape - 1.8 cm x 20 m - single	\$2.91
	Scotch insulation tape - 1.8 cm x 20 m - 10 rolls	\$26.72
	Scotch insulation tape - 1.8 cm x 20 m - 50 rolls	\$143.70

SPORTS PRODUCTS

Order Quantity	continued	Price ex GST
	Green Cross REUSABLE cold / hot pack (with cold pack sleeve)	\$6.80
	Green Cross REUSABLE cold / hot pack (with cold pack sleeve) x 5	\$21.40
	Green Cross INSTANT COLD pack (with cold pack sleeve))	\$3.20
	Green Cross INSTANT COLD pack (with cold pack sleeve) x 5)	\$9.50
	Mini INSTANT COLD pack) SINGLE	\$1.60
	Mini INSTANT COLD pack x 5) USE	\$6.00
	INSTANT HOT pack (with cold pack sleeve))	\$4.90
	INSTANT HOT pack (with cold pack sleeve) x 5)	\$14.70
	Accu-Therm REUSABLE cold / hot pack (with cold pack sleeve)	\$6.80
	Accu-Therm REUSABLE cold / hot pack (with cold pack sleeve) x 5	\$29.55
	Accu-Therm INSTANT COLD pack (with cold pack sleeve)) SINGLE	\$6.40
	Accu-Therm INSTANT COLD pack (with cold pack sleeve) x 5) USE	\$28.75
	Cold pack sleeves - non-woven (disposable) - 10's (hygienic cover for wrapping cold	\$4.40
	Cold pack sleeves - non-woven (disposable) - 50's packs when applying to the body)	\$18.65
	Mini oval REUSABLE cold pack (8.5 cm x 5.5 cm) x 10 ideal for fingers & other small areas	\$10.50
	Ice / Hot Bag (REUSABLE)	\$20.00
	Medichill Ice Pads (15 cm x 6 cm) - pack of 25	\$30.90
		\$10.70
	Icy Cool cold spray - 250 g	\$21.10
	Icy Cool cold spray - 250 g - carton of 12	\$247.00
	Metsal cream - 50 g	\$8.40
	USL Sport Warm Up rub - 500 g	\$21.80
	USL Sport Rehab Rub - 90g	\$9.30
	Voltaren Emulgel - 50 g	\$19.15
	Voltaren Emulgel - 100 g	\$31.75
	Deep Heat Rub - 50 g	\$11.00
	Deep Heat Rub - 100 g	\$18.50
	Vaseline petroleum jelly - 50 g	\$4.25
	Vaseline petroleum jelly - 100 g	\$5.75
	HealthE White Soft Paraffin BP - 2.5 kg (Petroleum jelly)	\$35.05

NATURAL REMEDIES

	Naturo Pharm Calendula cream - 100 g	\$23.10
	Naturo Pharm Allermed Relief gel - 100 g	\$21.95
	Naturo Pharm Burnmed Relief cream - 100 g	\$22.55
	Naturo Pharm Arnica cream - 100 g	\$18.20
	Naturo Pharm Arnica tablets - 130's	\$14.65
	Naturo Pharm Arnica liquid (oral) - 20 ml	\$15.40
	Weleda Arnica cream - 36 ml	\$21.40
	Natures Kiss Anti-Flamme cream - 90 g	\$18.50
	Natures Kiss Anti-Flamme cream - 450 g	\$65.10
	Thursday Plantation Tea Tree antiseptic cream - 100 g	\$13.40
	Home Essentials Tea Tree Oil 100% - 25 ml	\$10.10
	Lucas' Pawpaw Ointment - 25 g	\$10.56
	Lucas' Pawpaw Ointment - 75 g	\$22.60
	Bach Rescue Remedy - 10 ml	\$24.00
	Blackmores travel ginger tablets - 45's	\$15.95
	Botanica Hayfever Gel - 5g	\$17.50
	Botanica No Insect Repellent Spray - 50ml	\$12.60
	Botanica Scratchy & Itchy soothing gel - 75ml	\$15.10

ANALGESICS

Order Quantity		Price ex GST
	Ethics paracetamol tablets - 20's	\$2.20
	Ethics paracetamol tablets - 240's (delivered as 12 packets of 20's)	\$24.25
	Ethics paracetamol tablets - 720's (delivered as 36 packets of 20's)	\$65.35
	Ethics paracetamol tablets - 1440's (delivered as 72 packets of 20's)	\$125.10
	Ethics paracetamol CAPSULE-SHAPED tablets - 20's	\$2.20
	Ethics paracetamol CAPSULE-SHAPED tablets - 240's (delivered as 12 packets of 20's)	\$24.25
	Ethics paracetamol CAPSULE-SHAPED tablets - 720's (delivered as 36 packets of 20's)	\$65.35
	Ethics paracetamol CAPSULE-SHAPED tablets - 1440's (delivered as 72 packets of 20's)	\$125.10
	Panadol paracetamol tablets - 20's	\$6.70
	Panadol paracetamol tablets - 240's (delivered as 12 packets of 20's)	\$56.80
	Panadol Soluble paracetamol tablets - 20's	\$10.40
	Panadol Soluble paracetamol tablets - 240's (delivered as 12 packets of 20's)	\$120.77
	Panadol Rapid paracetamol caplets - 20's	\$10.40
	Panadol Rapid paracetamol caplets - 240's (delivered as 12 packets of 20's)	\$75.00
	Disprin original tablets - 24's	\$7.20
	Ethics ibuprofen tablets - 20's	\$3.20
	Ethics ibuprofen tablets - 240's (delivered as 12 packets of 20's)	\$32.60
	Nurofen ibuprofen caplets - 24's	\$10.80
	Nurofen ibuprofen caplets - 288's (delivered as 12 packets of 24's)	\$104.77
	Nuromol tablets - 12's	\$12.00
	Histaclear Antihistamine tablets - 5's	\$4.20

COUGH, COLD, THROAT & MOUTH

	Strepsils THROAT lozenges (value pack) - 36's LEMON & HONEY	\$15.60
	Strepsils THROAT lozenges (value pack) - 36's ORANGE	\$15.60
	Strepsils PLUS THROAT lozenges - 16's (for severe sore throats)	\$9.90
	Kurols mentholated lozenges - 85g (approx. 14 lozenges)	\$3.20
	Nature Care Propolis throat lozenges - 500 g ORIGINAL	\$59.05
	Nature Care Propolis throat lozenges - 500 g LEMON	\$59.05
	Nature Care Propolis throat lozenges - 1 kg ORIGINAL	\$94.00
	Nature Care Propolis throat lozenges - 1 kg LEMON	\$94.00
	Savacol Mouth & Throat Rinse - 300 ml	\$14.20
	Betadine Throat Gargle - 120 ml	\$16.55
	Bonjela gel - 15 g	\$14.40
	Vicks Formula 44 chesty cough syrup - 180 ml	\$16.20
	Vicks VapoRub - 50 g	\$11.90
	Eucalyptus oil - 50 ml	\$9.95
	Blistex Lip Conditioner - 7 g pot	\$7.27

FEMININE PRODUCTS

	Carefree tampons - regular - 16's	\$5.80
	Kotex by U tampons - regular - 16's (with applicator)	\$9.78
	Stayfree Cottony Soft adhesive pads - regular - 20's (individually wrapped)	\$8.49
	Stayfree Ultra Thin pads with wings - regular - 20's (individually wrapped)	\$8.49
	Easy Check One Step Pregnancy Test - pack of 5	\$7.95

SUNSCREEN, REPELLENT, SKIN & HAIR CARE

Order Quantity

Price ex GST

	Silic 15 Barrier Cream - 75g	\$7.95
	HealthE Fatty cream - 100 g) for dry skin conditions	\$3.80
	Home Essentials Magnesium sulphate paste - 80 g	\$13.12
	Home Essentials Calamine lotion BP - 100 ml	\$9.50
	Home Essentials Calamine cream BP - 100 ml	\$9.50
	ProBloc SPF 50+ Sunscreen - 125ml bottle	\$10.80
	ProBloc SPF 50+ Sunscreen - 250ml bottle	\$19.85
	ProBloc SPF 50+ Sunscreen - 500 ml pump	\$26.95
	ProBloc SPF 50+ Sunscreen - 1 litre pump	\$45.30
	ProBloc SPF 50+ Sunscreen - 2.5 litre pump	\$98.50
	HealthE SPF 40+ sunscreen with Insect Repellent - 500 ml pump	\$21.20
	HealthE SPF 40+ sunscreen with Insect Repellent - 1 litre pump	\$37.95
	HealthE SPF 40+ sunscreen with Insect Repellent - 2 litre pump	\$63.90
	Marine Blue Aloe vera gel 100g	\$10.72
	Aerogard Tropical Insect Repellent Aerosol - 150g	\$11.70
	Aerogard Insect Repellent Pump - 135ml	\$11.70
	Aerogard Insect Repellent Roll on - 50ml	\$9.29
	Anthisan 2% antihistamine cream - 25g)	\$13.50
	Stingose spray - 25 ml) soothes bites and stings	\$11.10
	Stingose gel - 25 g)	\$11.10
	Nature's First Aid Lotion - 125ml)	\$18.70
	Roskin Skin Repair Pump - 400ml	\$12.19
	Roskin Skin Repair Pump - 75ml	\$6.15
	Moov Healice Solution - 200ml	\$22.65

BEDDING & PAPER PRODUCTS

	Pillow - waterproof (comes with 10 disposable pillow cases)	\$36.30
	Disposable pillow cases - 20's	\$45.80
OUT OF STOCK	Disposable bed sheets (101 cm x 238 cm) - 10's	\$39.90
	Mattress Protector fitted single sheet (lightweight waterproof mattress cover)	\$7.10
	Couch Roll 50cm x 50cm - 135 sheets	\$18.90
	Protection serviettes (waterproof) - 25's) plastic backed paper sheets for protectin	\$11.70
	Protection serviettes (waterproof) - 50's) pillows, beds and dressing change applic	\$20.95
	Vomit bags - pack of 3	\$6.60
	Vomit bags - pack of 25	\$17.75
	Vomit bags - pack of 50	\$30.20
	Facial tissues- 200s	\$2.96
	Pure tissues- 200s carton of 48	\$117.80
	Pocket Pack of 10 (3-ply) tissues - 10 packs	\$4.60
	Tork Multifold Hand Towels (paper) - 24 cm x 21 cm - 185's	\$5.95
	Verasoft towels 30cm x 35cm 100's	\$18.50
	Verasoft towels 30cm x 60cm 100's	\$30.40
	Disposable Enviro paper cups 177ml (6oz) - 50's	\$6.30
	Disposable Enviro paper cups 240ml (8oz) - 50's	\$6.30
	Paper Bag Heavy Duty - 50's - Size 2 180 x 85 x 350	\$10.95
	Paper Bag with handle - 50's - MEDIUM 310 x 300 x 170	\$27.60
	Paper Bag with handle - 50's - LARGE 340 x 320 x 175	\$26.20

DISPOSABLE PROTECTIVE WEAR & CLOTHING

Order Quantity

Price ex GST

	Gloves - disposable LATEX - 100's (Please enter quantity below)	\$17.95
	SMALL _____ MEDIUM _____ LARGE _____	
	Gloves - disposable LATEX POWDER FREE - 100's	\$12.20
	EXTRA SMALL _____ SMALL _____ MEDIUM _____ LARGE _____ EXTRA LARGE _____	
	Gloves - disposable VINYL - 100's	\$16.25
	SMALL _____ MEDIUM _____ LARGE _____	
	Gloves - disposable VINYL POWDER FREE - 100's	\$5.90
	SMALL _____ MEDIUM _____ LARGE _____ EXTRA LARGE _____	
	Gloves - disposable POWDER FREE BLUE VINYL - 100's	\$7.60
	MEDIUM _____ LARGE _____	
	Gloves - disposable NITRILE POWDER FREE - 100's	\$12.20
	SMALL _____ MEDIUM _____ LARGE _____ EXTRA LARGE _____	
	Gloves - disposable POLYETHYLENE - 100's (suitable for cleaning, food handling)	\$2.90
	Wall-mounted glove box holder (DOES NOT FIT boxes of Polyethylene gloves)	\$22.15
	Disposable clear splash/visor	\$5.75
	Disposable plastic sleeve protectors - packet of 100	\$8.95
	Disposable plastic aprons - packet of 25	\$4.80
	Disposable plastic aprons - box of 100	\$19.50
	Disposable overshoes (non-skid) - box of 100	\$49.10
	Disposable isolation gown (thumb hook long sleeve) x 5	\$10.40
	Disposable briefs (boy-leg) - pack of 10	\$26.08
	Disposable emergency poncho - one size fits all	\$3.05
	Disposable masks (ear loop type) LEVEL 2 - box of 50	\$12.50
	Utility safety glasses	\$3.00
	3M Earplugs ("1100") - polyurethane foam - 50 pairs	\$12.30

RESUSCITATION, RESCUE & SAFETY EQUIPMENT

	Emergency foil thermal blanket SILVER/SILVER - 204 cm x 140 cm (compressed)	\$2.60
	Emergency foil thermal blanket GOLD/SILVER - 210 cm x 160 cm (compressed)	\$2.60
	Torch / radio (dynamo self-powered)	\$19.70
	Swiss Army-type pocket knife	\$3.10
	Resuscitation face shield - standard (disposable)	\$1.60
	Resuscitation filter face shields (disposable) - bag of 20 (ideal for TRAINING PURPOSES)	\$12.00
	Allied bag-valve-mask resuscitator - adult (Enquire for additional sizes)	\$47.55
	Guedel (oro-pharyngeal) airway - sizes 000 - 5 (select & order below) 00' - infant _____ '0' - small child _____ '1' - child _____ 2' - small adult _____ '3' - medium adult _____ '4' - large adult _____ 000' - newborn _____ '5' - extra large adult _____	\$3.00
	Ferno MVP portable (hand held) emergency airway suction unit	POA
	Oxygen mask (elongated) - ADULT _____ PAEDIATRIC _____	\$2.80
	Oxygen mask (elongated) with 7ft tubing - ADULT _____ PAEDIATRIC _____	\$2.80
	Non-rebreathing oxygen mask with tubing - ADULT _____ PAEDIATRIC _____	\$6.60
	Oxygen tubing (7ft) with universal connector	\$1.90
	Cardboard arm/leg splint - small	\$1.35
	Cardboard arm/leg splint - large	\$2.20
	Sam Splint emergency splint - finger (reusable)	\$6.60
	Sam Splint emergency splint - arm/leg - 91 cm length (reusable)	\$44.53
	Folding pole stretcher - 4-folds (weighs 6 kg / weight capacity 159 kg)	\$284.20
	Chubb fire extinguisher - 1kg (suitable for solids, flammable liquids & electrical hazards)	\$39.45
	Fire blanket - 1.2 m x 1.8 m (for extinguishing fires)	\$34.50

DIAGNOSTICS

Order Quantity		Price ex GST
	Digital thermometer covers - 200's	\$15.20
	Braun Thermoscan (ear) thermometer IRT 6030 (domestic, low-medium usage)	\$167.99
	Braun Thermoscan Probe Covers - bag of 40	\$11.50
	Braun Thermoscan Probe Covers - packet of 200	\$44.10
	Oricom Infrared Thermometer - HFS100	\$146.30
	Welch Allyn Otoscope Specula - packet of 34 ADULT _____ CHILD _____	\$4.80
	Tongue depressors (wooden) - 100's	\$4.20
	Diagnostic examination torch - reusable	\$5.70
	Diagnostic examination torch - disposable	\$3.40
	Sphygmomanometer with adult cuff - aneroid (basic quality - fits arm circ. of 25cm - 40.6cm)	\$73.30
	Sphygmomanometer with XL adult cuff - aneroid (basic quality - fits arm circ. of 34.3cm - 50.8cm)	\$88.50
	Stethoscope - Classic (basic ward quality)	\$15.80
	Stethoscope - Sprague Rappaport type	\$31.25
	Littmann stethoscopes - full range available - please enquire for pricing	POA
	CareSens N blood glucose meter pack (contains: meter, lancing device, 50 lancets and 10 test strips)	\$18.90
	CareSens N glucose test strips - 50's	\$18.65
	CareSens sterile lancets - 100's	\$15.05
	Multistix 5 strips - 50's	\$40.10

HARDWARE

	Nursing scissors - stainless steel (hospital-quality) - 13 cm length	\$1.90
	Stitch Cutter Blades (Swann-Morton) - Sterile - 10's	\$6.55
	Utility bandage shears - 14 cm length	\$2.30
	Utility bandage shears - 18 cm length	\$2.60
	Nail clipper	\$2.20
	Tender Tweezers - FLAT EDGE _____ SLANT EDGE _____	\$6.15
	Tweezers - splinter fine point - 9 cm - NARROW BODY	\$1.30
	Tweezers - splinter fine point - 9 cm - WIDE BODY	\$1.95
	Splinter probes (disposable) - 20's	\$3.90
	Splinter probes (disposable) - 50's	\$8.30
	Splinter probes (disposable) - 100's (box)	\$14.80
	Head Lice Comb - plastic	\$1.70
	Safety pins - large assorted - 20's	\$1.65
	Safety pins (brass) - small assorted - 48's	\$1.70
	Bandage clips - packet of 20	\$3.05
	Medicine measuring cup 40ml	\$1.65
	Disposable medicine measuring cup - 30 ml - 100's	\$5.05
	Wound dressing pack (tray, cover sheets, forceps & non-woven balls)	\$1.70
	Suture removal kit (scissors, forceps & gauze sponge)	\$3.80
	Stainless steel dressing forceps (blunt end) - 13 cm	\$2.50
	Plastic dressing forceps (disposable) - 10's	\$1.75
	Razors (disposable) - bag of 12	\$6.61
	Kidney bowl - plastic - 20 cm	\$2.00
	Sharps bin (disposable) - 1.4 litre	\$16.62

HARDWARE

Order Quantity

(continued)

Price ex GST

	Cervical collar - SMALL _____ MEDIUM _____ LARGE _____ (enter quantity)	\$18.70
	Philly Patriot cervical collar (adjustable)	\$38.25
	CPR Pocket Mask - ADSAFE	\$17.00
	Omron HeartSure BP Monitor - BP100	\$123.10
	Crutches - Double Adjustable Elbow - Adult	\$95.00

MISCELLANEOUS

	Mylanta antacid tablets - 24's	\$7.85
	Gaviscon Liquid Peppermint - 600ml	\$18.95
	Quick-eze Chewable tablets - roll of 8	\$3.44
	Eno antacid powder - 200 g	\$15.20
	Lift Glucose chews - 10's	\$7.15
	Enerlyte powder - ORANGE FLAVOUR - 5g sachets x 10	\$14.46
	Ural effervescent powder sachets 4g - 28's	\$6.00
	Supa-Sorb super absorbent powder - 250 g (for absorbing & deodorising liquid spills)	\$18.60
	Tyvek Plain I.D. Wristbands - 500's	\$111.63
	Remove Wipes - 50s	\$35.90

FIRST AID BOOKS & CONTAINERS

	ESSENTIAL FIRST AID manual (New Zealand Red Cross)	\$11.87
	First aid booklet - basic instructions	\$3.20
	Accident register - basic record (200 entries)	\$5.00
	First aid sign (polypropylene) - 22.5 cm x 30 cm (suitable for doors and walls)	\$21.60
	Sistema plastic box - 2.0 litre (L 23.3cm W 17.5cm D 8.1cm) (L 23.3cm W 17.5cm D 8.1cm)	\$8.25
	Sistema plastic box - 3.0 litre (L 23.3cm W 17.5cm D 12cm) (L 23.3cm W 17.5cm D 12cm)	\$9.25
	Sistema plastic box - 5.0 litre (L 26.2cm W 23.7cm D 12cm) (L 26.2cm W 23.7cm D 12cm)	\$10.95
	Sistema plastic box - 7.0 litre (L 35.5cm W 23.7cm D 12cm)	\$13.12
	First aid bag (with belt) - SMALL (L 17cm W 14cm D 7cm)	\$9.00
	First aid bag (with carry handles) - REGULAR (L 28cm W 18cm D 9cm)	\$9.80
	First aid case (carry handles & shoulder strap) - LARGE (L 38cm W 35cm D 20cm)	\$55.90
	First aid bag (carry handles & shoulder strap) - EXTRA LARGE (L 49cm W 30cm D 28cm)	\$79.10
	Steel box no. 1 (L 29cm W 20cm D 10cm)	\$91.70
	Steel wall cabinet #1F - white (with handle) (L 38cm W 24cm D 11cm)	\$46.80
	Steel wall cabinet #2F - white (with handle) (L 44cm W 28cm D 15cm)	\$65.10
	Steel wall cabinet #3 - green (without lock) (L 39cm W 30cm D 14cm)	\$131.50
	Steel wall cabinet #3L - green (with key lock) (L 39cm W 30cm D 14cm)	\$155.35

WORKPLACE FIRST AID KITS

(cabinet or container sold separately if required - see page 13)

Order Quantity		Price ex GST
	Industrial Workplace Kit 1 - 5 workers *** CONTENTS ONLY ***	\$55.70
	Industrial Workplace Kit 6 - 25 workers *** CONTENTS ONLY ***	\$65.90
	Industrial Workplace Kit 26 - 50 workers *** CONTENTS ONLY ***	\$73.80
	Industrial Workplace Kit 51 - 75 workers *** CONTENTS ONLY ***	\$78.90
	Industrial Workplace Kit 76 - 100 workers *** CONTENTS ONLY ***	\$88.80
	Industrial Workplace Kit 101 - 250 workers *** CONTENTS ONLY ***	\$95.20
	Industrial Workplace Kit 251 + workers *** CONTENTS ONLY ***	\$106.00
	Workplace kit - basic (enter quantity) REGULAR BAG _____ BOX _____	\$43.25
	Vehicle or Lone Worker's Kit (enter quantity) SMALL BAG _____ BOX (\$30.70) _____	\$28.95

FIRST AID KITS FOR GENERAL USE

		Price ex GST
	Portable Kit No. 1 CONTENTS ONLY	\$21.80
	Portable Kit No. 1 - (enter quantity) SMALL BAG _____ BOX (\$27.00) _____	\$26.20
	Portable Kit No. 2 (enter quantity) REGULAR BAG _____ BOX _____	\$36.05
	Portable Kit No. 3 - BOX	\$103.00
	Portable Kit No. 3 - LARGE BAG	\$133.70
	Portable Kit No. 3 - EXTRA LARGE BAG	\$151.20
	Travel Kit (enter quantity) REGULAR BAG _____ BOX (\$56.90) _____	\$56.20
	Sports Kit 'A' (enter quantity) SMALL BAG _____ BOX (\$26.90) _____	\$26.00
	Sports Kit 'B' (enter quantity) REGULAR BAG _____ BOX (\$58.60) _____	\$57.70
	Sports Kit 'C' - BOX	\$89.55
	Sports Kit 'C' - LARGE BAG	\$121.50
	Sports Kit 'C' - EXTRA LARGE BAG	\$139.05
	Sports Kit 'D' - LARGE BAG	\$193.65
	Sports Kit 'D' - EXTRA LARGE BAG	\$211.15

- WORKPLACE KIT - BASIC** this general-purpose first aid kit is our PORTABLE KIT NO. 2 upgraded with extra items to meet the OSH suggested minimum contents list for a workplace kit.
- VEHICLE or LONE WORKER** a first aid kit designed to meet OSH guidelines for vehicles or a lone worker.
- PORTABLE KIT NO. 1** an inexpensive first aid kit designed to meet basic needs.
- PORTABLE KIT NO. 2** a well-appointed first aid kit designed to cover a wide range of emergencies & accidents. Suitable for taking on trips or for putting in locations & vehicles where a simple but effective kit is required.
- PORTABLE KIT NO. 3** a comprehensive first aid kit designed for large groups (75-100 people) where replenishment may not be possible for several days.
- TRAVEL KIT** a first aid kit specifically designed for ease of use, portability & situations encountered on trips, tramps & walks. Suitable for groups of 10-15 people over 4-5 days.
- SPORTS KIT 'A'** a simple, low-cost first aid kit for getting juniors through a single match before requiring replenishment.
- SPORTS KIT 'B'** a well-appointed first aid kit containing the essential items required for secondary school, senior & social sports teams.
- SPORTS KIT 'C'** a first aid kit for senior and school sports teams playing in competitive grades who have the expertise to treat more serious injuries.
- SPORTS KIT 'D'** a comprehensive first aid kit for senior and school sports teams playing in competitive grades who expect to treat a reasonable number of injuries. This kit includes six rolls of good-quality sports tape and a can of cold spray.

WORKPLACE FIRST AID KITS - LIST OF CONTENTS

FACTORIES & COMMERCIAL PREMISES (FIRST AID) REGULATIONS 1985

**** Specifications are subject to change without notice ****

Number of persons usually engaged at any one time
 (1-5) (6-25) (26-50) (51-75) (76-100) (101-250) (251+)

REQUIREMENTS

Triangular bandages	2	2	2	4	4	6	6
Roller bandages (including crepe bandages - 5 cm and 7.5 cm sizes)	-	-	-	-	-	-	-
gauze bandage - 5 cm	1	3	3	3	4	6	9
gauze bandage - 7.5 cm	0	0	1	2	2	3	5
crepe bandage - 5 cm	1	1	1	2	3	3	5
crepe bandage - 7.5 cm	1	1	2	2	3	4	5
Total number of roller bandages required	3	5	7	9	12	16	24
Sterile dressings (7.5 cm x 7.5 cm packets)	2	5	5	10	10	15	15
Adhesive wound dressing strip (1 m packets)	1	1	2	2	3	3	5
Waterproof adhesive plastic tape (2.5 cm wide)	1	1	1	1	1	2	2
Hypoallergenic paper tape - (2.5 cm width)	1	1	1	1	1	2	2
Sterile non-adhesive pads (10 cm x 10 cm packets)	5	5	5	5	10	10	10
Sterile eye pads	1	2	2	4	4	6	6
Container for use in pouring water over the eye (e.g. plastic squeeze bottle) - eye-wash bottle	1	1	1	1	1	1	1
Receptacle for soiled dressings (e.g. bucket with foot operated lid)	-	-	-	◇	◇	◇	◇
Saline solution	5	5	10	10	10	15	15
Safety pins	1 card	1 card	1 card	1 card	3 cards	3 cards	3 cards
Scissors (surgical or equivalent - stainless steel)	1	1	1	1	1	2	2
Splinter forceps, fine point (stainless steel)	1	1	1	1	1	1	1
Accident register and pen or pencil	1	1	1	1	1	1	1
First Aid manual (issued by Red Cross)	1	1	1	1	1	1	1
Card listing local emergency numbers	1	1	1	1	1	1	1
Disposable gloves (large size) - pairs	2	4	4	8	8	12	12

EXTRA ITEMS INCLUDED (AS SUGGESTED IN OSH GUIDANCE NOTES SEPTEMBER 2009)

Sterile individually-wrapped unmedicated wound dressings - approx. 10 cm x 10 cm	1	1	1	1	1	1	1
Sterile individually-wrapped unmedicated wound dressings - approx. 20 cm x 20 cm	2	2	2	2	2	2	2
Resuscitation mask	1	1	1	1	1	1	1
Compressed emergency survival blanket	1	1	2	2	2	2	2
Disposable plastic apron	2	2	4	4	4	4	4
Hand sanitiser - 60ml bottle	1	1	1	1	1	1	1

1 card ◇ 20 pins requirement is for one receptacle but not provided with kit

FIRST AID KITS - LIST OF CONTENTS

** Specifications are subject to change without notice **

	Basic Workplace Kit	Vehicle or Lone Workers Kit	Portable Kit No. 1	Portable Kit No. 2	Portable Kit No. 3
First aid plastic strips	25	10	10	25	100
Fabric Dressing strip - 7.5 cm width	0.25 m	0.25 m	0.25 m	0.25 m	1.0 m
Fingertip fabric plaster	2			2	5
Crepe bandage - 5 cm width	1			1	1
- 7.5 cm width	1	1	1	1	1
- 10 cm width					1
Guaze bandage - 5 cm width	1	1	1	1	2
- 7.5 cm width					1
Triangular bandage	2	2	1	1	3
Sterile non-adherent pad - 5 cm x 5 cm	2	1	1	2	5
- 7.5 cm x 7.5 cm	2	1	1	2	5
- 10 cm x 10 cm	6				
Combine sterile dressing - 20 cm x 10 cm			1	1	3
- 20 cm x 20 cm	2	1			
Wound closures - packet of 8 strips					2 packets
Sterile eye pad	2			1	2
Hypoallergenic paper tape - 1.25 cm width	1	1	1	1	1
Zinc oxide tape - 2.5 cm width	1	1	1	1	1
Sodium chloride (saline) solution - 30 ml	2			2	12
Saline wipe (individually wrapped)	4	2	2	4	
Antiseptic liquid - 100 ml					1
Antiseptic cream 30g					1
Antiseptic wipe (individually wrapped)	2	2	2	2	
Hand sanitiser - 60ml bottle	1				
Sterile non-woven swab - 7.5 cm x 7.5 cm	4			4	
Non-woven swabs - 5 cm x 5 cm - 100's					1
Plastic forcep					5
Anthisan 2% cream - 25g					1
Paracetamol - 20's	1	1	1	1	1
Scissors - stainless steel	1	1	1	1	1
Utility power shears					
Splinter tweezers - stainless steel	1	1	1	1	1
Disposable latex gloves - pairs	3	2	2	3	10
Disposable plastic apron	1	1			
Eye-wash bottle					1
Safety pins	20	3	3	20	20
Resuscitation face shield (standard)	1	1	1	1	1
Emergency foil survival blanket	1	1	1	1	1
First aid booklet	1	1	1	1	
First aid manual					1
Accident register					1
Card to list local emergency telephone numbers					1

FIRST AID KITS - LIST OF CONTENTS

** Specifications are subject to change without notice **

	Travel Kit	Sports Kit 'A'	Sports Kit 'B'	Sports Kit 'C'	Sports Kit 'D'
First aid container	Bag - regular	2 litre box	Bag - regular	Case - large	Case - large
First aid (bandaid-type) plastic strips		5			
Nexcare Active assorted strips			30	30	30
Band-Aid (brand) Tough-Strips Waterproof	20				
Dressing strip - 7.5 cm width	0.5 m	0.25 m	0.5 m	0.5 m	1.0 m
Nexcare Waterproof Bandages (assorted)					20
Crepe bandage - 5 cm	1	1			
- 7.5 cm	1	1	1	2	4
- 10 cm		1	2	2	4
- 15 cm					2
Gauze bandage - 5 cm	1				
Triangular bandage	1	1	2	2	2
Sterile island dressing - 7.5 cm x 5 cm	2	1	3	3	5
- 8 cm x 10cm	2	1	3	3	5
Combine sterile dressing - 20 cm x 10 cm	1	1	2	2	3
Wound closures - packet of 8 strips			1 packet	1 packet	2 packets
Eye pad	1	1	1	2	3
Hypoallergenic paper tape - 1.25 cm width	1	1	1	1	1
Plastic tape - 2.5 cm width				1	1
Zinc oxide tape - 2.5 cm width	1	1	1		
Elastic sports bandage - 2.5cm x 2.75 m					1
Rigid-strapping sportstape - 2.5 cm x 13.7 m				1	2
Rigid-strapping sportstape - 3.8 cm x 13.7 m			1	2	4
Insulation tape - 1.8 cm width				2	2
Sodium chloride (saline) solution - 30 ml snap-top bottle	2			2	3
Saline wipes (individually wrapped)	4			10	15
Antiseptic cream	1				
Antiseptic wipe (individually wrapped)	4	2	10		
Sterile non-woven swab - 7.5 cm x 7.5 cm	4		5	10	15
Icy Cool cold spray					1
Petroleum jelly - 50 g			1		
Petroleum jelly - 100 g				1	1
Anthisan 2% cream - 25g	1				
Burn gel - 3.5 g sachet	3				
Paracetamol tablets - packet of 20	1		1	1	1
Scissors - stainless steel	1	1	1	1	1
Utility power shears			1	1	1
Splinter tweezers	1	1	1	1	1
Disposable latex gloves	3 pairs	2 pairs	5 pairs	8 pairs	15 pairs
Safety pins	3	3	20	20	20
Resuscitation face shield (standard)	1	1	1	1	1
Compressed emergency survival blanket	1	1	1	1	1
Tissues (pocket pack) - 10's	1				
First aid booklet	1	1	1	1	1